



GRIT ADVENTURE CAMP

- SAMPLE DAY -

TEAM	WHITE	YELLOW	GREEN	ORANGE	BLUE	PURPLE
8:30-9:00	CAMPERS CHECK-IN					
9:00-9:15	WELCOME General Safety Rules Head to 1st Session					
9:15-9:50	Arts & Crafts	Gymnastics	Soccer	Skateboarding	Parkour + Ninja	Outdoor Field Game
9:50-10:30	Outdoor Games	Arts & Crafts	Parkour+ Ninja	Soccer	Skateboarding	Parkour+ Ninja
10:30-10:45	WATER BREAK HAND SANITIZING					
10:45-11:50	Parkour	Outdoor Games	Arts & Crafts	Parkour+ Ninja	Games & Enrichment	Skateboarding
11:50-12:00	WATER BREAK HAND SANITIZING Get Ready for kids leaving early					
12:00-1:00	LUNCH BREAK HAND SANITIZING					
1:00 - 1:15	Morning Program PICK- UP Afternoon - DROP- OFF					
	<i>Note - 2:00 - 3:00pm is nap/quiet time FOR GRIT EXPLORERS (3-5yrs) ADVENTURE CAMP FOLLOWS SCHEDULE BELOW</i>					
1:15-2:00	Soccer	Parkour + Ninja	Outdoor Games	Art & Crafts	Gymnastics	Soccer
2:00-3:00	Skateboarding	Games & Enrichment	Basketball	Outdoor Games	Arts & Crafts	Basketball
3:00-3:45	WATER & SNACK BREAK					
3:45-4:45	Basketball	STEM ACTIVITY	Games & Enrichment	Basketball	Basketball	Arts & Crafts
4:45-5:00	PICK UP Extended Day 5:00-7:00pm					
PARKS	Morris Sq Park	Morris Canal Park	Van Vorst Park	Exchange Place	Hamilton Park	Enos Jones Park

GRIT Teams are grouped by age and stay with their team for the day/week

Each team has at 1-2 coaches depending group size who guide them through the activities for the day.

GRIT follows & exceeds all NJ camp ratio (camper to coach) regulations.

Calendar changes depending on the weather and weekly theme giving campers an chance to try many different activites

Early Drop off (8am) and Extended Day (till 6:30pm) available for an additional fee